

Protect yourself from Scams – Information

<p>Unwanted Telephone Calls</p> 	<p>Register with the Telephone Preference Service</p>	<p>0845 070 0707</p>	<p>www.tpsonline.org.uk</p>
<p>Unwanted Spam Texts</p> 	<p>Forward them to your mobile network provider using your mobile</p>	<p>Vodafone dial 87726 3 (Three) dial 37726 Everything Everywhere and O2 dial 7726</p>	<p>n/a</p>
<p>Unwanted Mail -addressed to you</p> 	<p>Register with the Mail Preference Service</p>	<p>0845 703 4599</p>	<p>www.mpsonline.org.uk</p>
<p>Unwanted Mail -not addressed to you but posted through your letterbox</p> 	<p>Register with 'Your Choice' at the Mail Preference Service Opt out through the Royal Mail</p>	<p>n/a n/a</p>	<p>www.mpsonline.org.uk/mpsr/yourchoice www.royalmail.com/personal/help-and-support/how-do-i-stop-receiving-any-leaflets-or-unaddressed-promotional-material</p>
<p>Unwanted Callers</p> 	<p>Obtain a door sticker to discourage callers, look at establishing a No Cold Calling Zone</p>	<p>Contact Trading Standards by calling the Citizens Advice consumer service 03454 04 05 06</p>	<p>On line enquiry through www.eastriding.gov.uk</p>

Spot Scams and Help to Stop Them

Scams are schemes to con people out of their money. They come in a variety of ways; by post, phone, email, online and sometimes by a knock on the door.

They may be about: fake lotteries, prize draws, bogus health cures, dodgy investment schemes, pyramid selling, from clairvoyants and psychics warning of dire consequences unless a fee is paid. They may also be trying to persuade you to buy goods, for example mobility aids, or services to your property, for example unnecessary building work. These goods and services are often overpriced and poor value for money.

New types include – Phishing, an email trying to trick you into revealing passwords and personal information, SMSing, a mobile telephone text message designed to lure you onto a fraudulent website, or to make you call a premium rate number, or, Vishing, the criminal practice of trying to obtain personal or financial information over the telephone

Remember

- If it sounds too good to be true it probably is
- If you haven't bought a ticket – you cannot win it
- If in doubt, don't reply. Bin it, delete it or hang up
- You shouldn't have to pay anything to get a prize
- Contacted out of the blue? – be suspicious
- Never give out your bank details unless you are certain who the person is
- Financial providers do not ask for your pin number, so do not give it or any other personal details
- Take your time and resist the pressure to make a quick decision – ask a relative or friend for advice if you are not sure



What can be done to help tackle scams?

Report it

Action Fraud
0300 123 2040

www.actionfraud.police.uk

Get Advice

Phone the Citizens Advice consumer service
03454 04 05 06

www.adviceguide.org.uk

Tell Others

Warn family, friends and neighbours